

13TH ANNUAL LEGACY PROJECT CONFERENCE



*EMBRACE YOUR
CONFIDENCE,
UNLEASH YOUR
COURAGE*

Conference at a Glance

8:00 AM Registration & Continental Breakfast

9:00 AM Welcome, Introduction and Keynote by Antoinetta Mosley

10:30 AM Breakout Sessions

- Breakthrough Courage
- Developing Leaders of the Future
- Intentional Communication

11:45 AM Lunch, Awards & Business Meeting

1:15 PM Breakout Sessions

- Navigating the Twists and Turns of Career Advancement
- How to Advocate for Yourself, Your Team, Your Community
- Intentionally Creating Workplace Culture

3:00 PM Closing Keynote: Care without Carrying

4:15 PM After Conference Networking Event

FRIDAY MAY 17

NIU Naperville
1120 Diehl Road
Naperville, IL

Registration and
Breakfast begin at
8AM and the program
begins at 9 AM

**Sign up for
Professional
Headshots to be
taken at the
conference**

Lunch is included in
your registration

After conference
networking event at
Pour House, 1703
Freedom Dr Naperville

Opening Keynote

Cultivate Courage: How Courageous Conversations Build Cultures People Celebrate, Not Tolerate

Antoinetta Mosley

Think your culture is perfect and your employees are all happy and content? It might be time to take a second look. Gathered over the past six years of doing cultural audits, Antoinetta has seen just how different leadership's understanding of their organizational culture can be from the reality of employees' experiences. By facilitating courageous conversations with employees and their leadership, Antoinetta led many of those same organizations forward. Sharing her valuable findings from that work in this talk, Antoinetta is encouraging more organizations to create equitable and inclusive spaces for these courageous conversations with the goal of moving them from courageous to commonplace.

Learning Objectives:

- Why courage is an action and choice that has to be cultivated and celebrated
- Why we need equitable and inclusive spaces to have courageous conversations and what's at stake without them
- How to lead, create and foster effective courageous conversations using the Courageous Consciousness Chart™
- What's possible when teams, leaders and organizations consistently embrace courage

addresses ICMA Practice Areas: 3. Equity and Inclusion; 6. Strategic Pledership; 14. Communication and Information Sharing



Antoinetta Mosley is a courage curator, keynote speaker, and diversity, equity, and inclusion strategist who helps individuals and organizations reach their highest potential by teaching them the power of consistently cultivating courage.

She is the Chief Encouragement Officer (CEO) at I Follow the Leader, a strategic consulting firm specializing in culture-building strategy, initiatives, and education. As a Certified Diversity Professional (CDP)®, Antoinetta has worked on a range of projects for organizations of all sizes, including small to global nonprofits as well as Fortune 500 companies, and travels the country as a sought-after speaker on cultivating courage, courageous conversations, and courageous leadership.

Morning Breakout Sessions

morning breakout session one

Breakthrough Courage: How to Confidently and Courageously Shine Your Light

Antoinetta Mosely, CEO, I Follow the Leader

Join us for a breakout session where we explore illuminating lessons from lightning bugs, focusing on the concept of breakthrough courage and its application in leadership. Discover strategies for navigating burnout, from prevention to reignition, as Antoinetta shines a light on the essential role of self-care and resilience in radiating our inner brilliance. Learn why protecting your light is critical and gain practical insights on fostering confidence and courage. Together, we'll celebrate the wisdom these bugs, many on the verge of extinction offer, reminding us that shining brightly is not just a choice, but a necessity to amplify light.

Learning Objectives:

- Navigating burnout: strategies for prevention, protection, and reignition.
- Why light must be protected, not neglected.
- How to confidently and courageously shine your light.
- What's possible when a woman's brilliance is amplified.

addresses ICMA Practice Area: 3. Equity and Inclusion

Morning Breakout Sessions continued

morning breakout session two

Panel: Developing Leaders of the Future

One of the most critical aspects of any municipalities long-term planning is developing our future leaders. But we often don't have the time or resources to engage in the type of mentorship and leadership development that employees need. During this session, we'll help you help your employees reach their development goals including how to identify, nurture, and empower emerging leaders within your organizations. We'll also help the employees, who want to be identified as future leaders, to get the development they need.

Learning Objectives:

- Best ways to identify future leaders
- How to create opportunities and facilitate growth in key areas
- How to empower employees to use their new skillset

addresses ICMA Practice Areas: 4. Staff Effectiveness; 5. Personal Resiliency and Development

morning breakout session three

Panel: Building Confidence Amidst the Information Storm: Conquering Misinformation Challenges with Communication

In an era of misinformation and disinformation, it is more important than ever to have intentional and effective communication with the public, employees, and elected officials. Our panel will provide insight, tips and examples of intentional communication strategies to empower ourselves with the tools and strategies needed to foster confidence in our communication amidst the sea of misinformation. It's not just about deciphering the truth but also about cultivating the courage to stand firm in the face of uncertainty.

addresses ICMA Practice Areas: 5. Personal Resiliency and Development; 14. Communication and Information Sharing

lunch

Conference Luncheon, Awards Program & Business Meeting

Afternoon Breakout Sessions

afternoon breakout session one

Panel: The Twists and Turns of Career Advancement

The path to the top is rarely a straight line. Being at the top of the organization is fulfilling and exciting, but never without challenges. As our panelists will tell us, no one is immune from frustrations and setbacks, but detours, stop signs and false starts can prove valuable as you advance. Learn how these panelists faced obstacles, kept going and found their way to an executive position – and how you can turn that experience into an asset.

PANELISTS

Amy Cotter

Executive Leadership
Coach
BKTRTHRU Group

Paula Hewson

Assistant Village
Manager
Village of Arlington
Schaumburg

Sarah Schillerstrom

Certified Professional
Coach
SRSD Consulting, LLC

PANELISTS

Stephanie Calvillo

Communications
Coordinator
Village of Lombard

Avis Meade

Communications and
Outreach Coordinator
Village of Arlington
Heights

Jennie Vana

Deputy Executive
Director
CMAP

PANELISTS

Erika Storlie

Village Administrator
Village of East Dundee

Karyn Robles

Chief of Planning
Illinois Tollway

Pat Mahon

Deputy Village
Administrator
Village of South Holland

Learning Objectives:

- Learn about career opportunities in government
- Hear lessons learned from women executives who persevered through ups and downs
- Learn how you can weave your experiences into your personal value proposition

addresses ICMA Practice Area: 5. Personal Resiliency and Development

afternoon breakout session two

Panel: How to be an Advocate for Yourself, Your Team, Your Community

Whether it be in the workplace or on a sports team, individuals advocate for themselves in disparate or inconsistent manner, or, perhaps fail to advocate at all. This session will offer perspectives from three panelists who have succeeded in advocating for themselves, their teams and their community. Learn lessons on how you might seek to improve your compensation, your standing and improve your career advancement.

Learning Objectives:

- Learn about strategies to help your career through speaking up
- Hear personal stories about confronting individual challenges
- Acquiring skills to effectively advocate for yourself and others
- Self-advocacy in a variety of situations including career advancement and increasing compensation.

addresses ICMA Practice Areas: 4. Staff Effectiveness; 5. Personal Resiliency and Development; 6. Strategic Leadership

afternoon breakout session three

Panel: Intentionally Creating Workplace Culture

This Q & A style panel will be discussing how they have intentionally changed, influenced, and supported positive organizational culture initiatives. The discussion will include overcoming obstacles, creating an inclusive environment, specific strategies to support words with actions, leading initiatives targeted to specifically improve a culture and how to utilize one-to-one meetings more effectively

Learning Objectives:

- Learn about common obstacles in cultural change initiatives and strategies to overcome them.
- Learn strategies for creating an inclusive environment.
- Learn specific strategies for translating organizational values and goals into actionable behaviors.

addresses ICMA Practice Areas: 3. Equity and Inclusion; 6. Strategic Leadership

PANELISTS

Heather McGuire
City Manager
City of St. Charles

Christina White
County Administrator
Kendall County

Ellen Baer
Village Manager
Western Springs

PANELISTS

Julia Cedito
Village Manager
La Grange Park

Nicole Aranas
Deputy Village Manager
Lombard

Karie Friling
Executive Director
Forest Preserve District
of DuPage County

Brigitte Berger
Director of Engineering
and Public Works
Wimette

Closing Keynote

Care without Carrying

Trace Henley, Member Services Manager, Health Partners

When we care about the people around us—work or otherwise—it is easy to get caught or brought into the challenges they face and the choices they make, often adding to what we already carry as we move through our days. How can we recognize, define, and employ boundaries that help us remember to care without carrying? This session will identify the feelings that let us know when we need more boundaries to be clear and kind—to ourselves and to others.

addresses ICMA Practice Area: 5. Personal Resiliency and Development



Trace Henley is a champion for culture, caring, and connection. She is a manager for Health Partners, a managed care organization that exists to be a bridge between providers and payers. Her role encompasses contract management, credentialing consultation, and new program development, especially her primary passion: a leadership institute dedicated to providing free training to help health-care professionals lift and lead themselves and others. Trace's biggest training interests include teambuilding, culture and climate, employee experience, and—most of all—boundaries. She wholeheartedly believes the best foundation for personal and professional growth begins with studying the works of Drs. Brenè Brown and Adam Grant, as well as Cy Wakeman and the exceptional leadership of Ted Lasso on Apple+. Trace earned a bachelor's in communication and a master's in organizational leadership, and she holds certifications as a SHRM Senior Certified Professional and as a group facilitator. She serves as the president for Heritage League of Siloam Springs and the immediate past president for Arkansas MGMA. She is also on the Fayetteville Chamber of Commerce's Teen Leadership Experience executive committee.

After Conference

Join colleagues for an After Conference Social Event

Old Town Pour House Naperville, 1703 Freedom Drive

2024 Women's Legacy Conference Sponsorship Opportunities

Gold Level Sponsorship - \$1250

- Logo in Program
- Recognized at lunch
- Sign at the door
- Includes conference registration for two
- Conference registration list with email contacts
- Exhibit Table in Atrium

Silver Level Sponsorship - \$750

- Logo in the program
- Recognized at lunch
- Includes conference registration for one

Bronze Sponsorship - \$500

- Logo in the program
- Recognized at lunch

**There is still time to sponsor the 2024 Women's Legacy Conference.
Please contact Dawn Peters at dpeters@niu.edu or 815-753-0923.**